Increasing Green Infrastructure in Compact Developments: Strategies for Providing Ecologically Beneficial Greenery in Modern Urban Built Environments

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ABSTRACT

Urban forest canopies are generally declining in areal extent across the United States. At the same time urban areal extent per capita is increasing, and human population is urbanizing. Eighty percent of North Americans are now living in urbanized areas. Municipalities are reacting to concerns about such trends by permitting an increasing number of compact developments that may conflict with beneficial green infrastructure. The urban forest canopy is a key component of reducing the urban heat island and making urban environments more efficient and livable.

This paper presents innovative design details, specific zoning and code language, and best practices from multiple disciplines to frame a coherent set of strategies to increase canopy cover levels, decrease the effects of the urban heat island, and lessen infrastructure conflicts in modern ordered compact developments.

Introduction

Urban forest canopies are generally decreasing in areal extent across the United States (American Forests, n.d.). At the same time urban areal extent is increasing, with urban areas in the conterminous United States having doubled in size between 1969 and 1994 (Staley 2004), and with increasing per capita land consumption being an important cause (Kahn 2006). Urbanized land area is projected to increase another 50% by the year 2050 (Nelson 2006).

As a result of these and other concerns, the patterns of urban built environments are subject to increasing scrutiny across many disciplines (Alberti and Marzluff 2004, Glaeser and Kahn 2008, Jackson 2003, Wells 2000). Urban planners, politicians, public health officials and some developers are recognizing that certain built environment patterns such as large-lot residential developments and single-use zoning may have unintended and detrimental externalities on environmental health (Frumkin 2003, Jackson 2003), receiving waters (Greenberg et al 1994, Tong and Chen 2002), urban heat islands (Stone 2001, Stone and Rogers 2001) and municipal finance (Carruthers and Ulfarsson 2003, Soule 2006), among other effects.

This paper briefly reviews the issues challenging the coexistence of urban forests (green infrastructure) and built environments (gray infrastructure). This paper then integrates information and best practices from multiple disciplines to frame a coherent set of strategies to increase canopy cover and decrease infrastructure conflicts in modern ordered compact developments. This paper will assist cities and practitioners in remedying both the urban heat island and urban sprawl to create supportive places in order to return to positive built environment patterns.

Discussion

Land Use Patterns

American land use patterns changed after World War II. Land use patterns became more dispersed and housing more separated. This dispersed land use pattern was fostered in large part by single-use zoning (Jacobs 1992), which seeks to separate urban uses. In the past decade, however, there has been an increase in market demand and stated preference for more mixed-use, walkable, and more compact built environments (Randolph 2004).

Compact development is one strategy to address urban sprawl and its associated environmental and social effects (Beatley 2004, Duany and Talen 2002, Speck 2007). Many cities, concerned about sprawl and development costs, are approving an increasing number of compact residential and commercial developments (Szold 2007). Compact developments often feature medium- to high-density building footprints, small-lot development, and shorter building setbacks. Modern expressions of ordered compact development (OCD) are variously named New Urbanist, Traditional Neighborhood Design or Smart Growth developments (Farr 2008, Staley and Olson 2007). Such OCDs eschew single-use zoning and massing specifications in favor of mixed-use zoning and design specifications (Talen 2005, Wickersham 2007).

Code language in OCDs often requires easements that may constrict both tree roots and tree canopies (Friedman 2007), providing insufficient room for healthy canopy and root growth and creating a greater likelihood of infrastructure conflicts. Potential social, economic and environmental benefits of urban green infrastructure may be foregone. The presence of a high quality, well-managed tree canopy is essential for a high quality of life and for the delivery of environmental services in higher density areas.

Urban Forests and the Urban Heat Island

Analysis of temperature trends for the last 100 years in several large U.S. cities indicate that since approximately 1940 temperatures in urban areas have increased by about 0.5–3.0°C (Pokorný 2001). Perhaps 5–10% of the current urban electricity demand is spent to cool buildings just to compensate for the increased temperatures in urban areas (Akbari, Pomerantz and Taha 2001). Land use patterns and especially low-density, large lot residential development patterns may contribute to an increase in the thermal footprint of a region (Levitt et al. 1994, Stone 2001).

Healthy green infrastructure ameliorates the effects of the urban heat island. Green infrastructure provides a significant flux of water and latent heat into the urban boundary layer (Peterson 2003). Tree canopy coverage is the main determinant of temperature reduction (Stone and Rogers 2001). These vegetation-reduced temperatures lessen energy demands in addition to lessening the heat stress on vegetation. A study of Sacramento, California USA found that the urban forest reduced the city's cooling requirement by 12% (Simpson 1998). Large-stature mature shade trees likely have a beneficial effect on residential pavement performance as well (McPherson and Muchnick 2005).

Urban forest canopies provide ecosystem services that benefit the goals of numerous professional disciplines as well as residents in their shade. This paper widens the purview of urban forest benefits to a multidisciplinary audience in order to ensure that the environmental, economic, and social benefits are not foregone as the number of compact developments continues to increase.

Conflicts between Green and Gray Infrastructure

Although urban forests confer many unseen benefits, conflicts caused by urban trees are often seen and remembered when considering tree provision and placement in compact developments. Trees may conflict with gray infrastructure such as sidewalks, sewers, and overhead power lines. The most likely reason for green-gray infrastructure conflicts is not adhering to the adage "right tree, right place".

The most common infrastructure conflicts come from tree roots. Trees need adequate soil volume for their roots to absorb nutrients and water to maintain metabolic functions (Harris, Clark and Matheny 1999). Urban soils are frequently of poor quality and often inadequate to allow woody plants to flourish (Miller 1997). Trees planted next to the street in dedicated tree lawns or in vaults must be adapted and of sufficient size to thrive in a space- and resource-limited environment. Although large-statured trees provide the most benefits (McPherson, Costello and Burger 2001), tree diameter at breast height (DBH) is directly related to infrastructure damage (Randrup, McPherson and Costello 2001). There is a linear relationship between tree DBH, distance from concrete, and probability of damage. A 30cm DBH tree 2m from concrete has an approximately 0% probability of damage (Coder 1998, Figure 2).

Concrete sidewalks may actually foster some root growth. The undersides of sidewalks are cooler and moister than the surrounding soil, offering opportunities for root hairs to elongate in search of water and nutrients (Coder 1998). In California, USA, approximately US \$71M in year 2000 dollars is spent statewide annually on conflicts between street tree roots and gray infrastructure (McPherson 2000), the average repair cost at US \$480.00 (McPherson and Peper 2000).

Avoiding the costs of green and gray infrastructure conflicts should be a goal and design strategy for every compact development project that is permitted and built. The remainder of this paper details specific goals, policies and strategies to avoid such conflicts and provides effective sample land development code to that end that should be relatively easy to enact.

Integrated Strategies for Green and Gray Infrastructure Coexistence: Plans, Policies, and Land Development Codes

Community Structure

All communities are not similar and do not adopt the same plans, polices and development code as their neighbors (Hoch 1994). This fact prevents the creation of a standardized plan or policy for communities to adopt and enforce. This fact is a main theme of this paper and is the basis for the following sections. Nonetheless the planning process is well-established and includes creation of short- and long-term goals, change management, balancing competing interests, and using a plan to guide and explain goals and policies (Hoch, Dalton and So 2000). This paper will recommend polices according to where a community lies on the adoption curve presented in Figure 1. Communities are assumed to fall into one of four 'innovation categories' and therefore are more likely to adopt goals and policies according to where they are on the curve in Figure 1.

Policy Adoption Trajectory
Stages of Adoption

IV

Rew paradigm
laggards

late majority and acceptance
early majority and refinement
innovation and early adoption

t

Figure 1. Societal Learning and Adoption Curve

Source: modified from Bass 1969

Category I communities are generally Progressive and early adopters of technology and innovation. Representative Category I jurisdictions are Davis, CA, USA and Boulder, CO, USA. With respect to tree canopy, Davis has progressive parking lot shading standards and Boulder has innovative solar access standards. An isolated, conservative small rural town might be expected to fall into Category IV. Most communities fall on a continuum somewhere in Categories II and III, and are neither early adopters nor laggards.

Policy Legitimacy: Comprehensive Plans

Most plans in urban areas become policy through adoption by local government (Hoch, Dalton and So 2000). Urban infrastructure such as roads and sewers are the most powerful determinant of the location and scale of urban built environments. Therefore many communities create Comprehensive Plans to guide, clarify and enforce development of the built environment.

Accepted planning principles state that all elements in Comprehensive Plans should enforce each other (American Planning Association 2009), which is called "concurrence". For example, when a city's economic development element states that affordable housing is a goal, the land use element should not state a goal that only luxury homes are desired.

Urban forests support many elements and goals in Comprehensive Plans (American Planning Association 2009). From national requirements such as stormwater runoff (United States Environmental Protection Agency 2008) to local goals such as affordable housing, efficient infrastructure, or economic development, goals of urban forestry are easily integrated into several elements within Comprehensive Plans. Therefore, urban forestry and green infrastructure goals should be explicitly included in multiple elements of Comprehensive Plans to take advantage of these multiple benefits. Land use, infrastructure, and economic development are the logical places for inclusion of urban forestry and green infrastructure goals. Communities are just beginning to include separate green infrastructure (Prince George's County 2005) or 'sustainability' (City of Baltimore 2009) elements in their Comprehensive Plans. Category I and II jurisdictions have precedents and should seek to explicitly include green infrastructure in goals, priorities, policies and land development codes. Such wording should include the word 'shall', which legally is more enforceable than words such as 'should' or 'may'. 'Shall' is a directive, whereas 'should' is a suggestion.

Design Standards

Design standards regulate the form of commercial, residential and industrial buildings. Design standards may also regulate road, sidewalk and pathway form and dimension. Such standards also regulate the spacing in between buildings and roads. These standards are commonly attached to land development codes and are often called zoning, development or subdivision regulations. Almost all communities per Figure 1 have design standards.

Design Standards: Purpose Statement

A purpose statement is a very common statement in planning and code text. Purpose statements signal the intent of plans, policies and code. With respect to green infrastructure and urban forests, the purpose statement should explicitly state that *green infrastructure is valued for the protection of community values, and improving the quality of life, the built environment shall be harmonious with green infrastructure,* and *plans shall include accommodation for medium and large urban trees.*

Design Standards: Achieving Maximum Tree Size Next to Buildings and Rights of Way

Tree and woody plants have maximum or expected sizes (Miller 1997) and therefore have optimum placement away from buildings and each other. Existing design standards may or may not acknowledge the ultimate size of plants. It is important that minimum plant spacing from infrastructure is explicitly stated, especially minimum distance from utility easements. Figure 2 is an example of a diagram depicting tree size and distance from infrastructure that should be included in a design standard. Distances from sidewalks, curbs, and utility cores are appropriate applications for such a standard. Sample code language where such a diagram is appropriate: *All tree lawns in public rights of way shall be a minimum of 6 (six) feet (2m) width.*

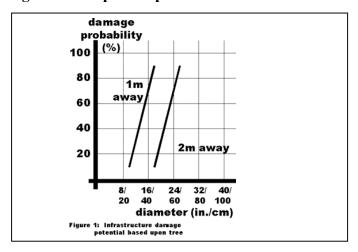


Figure 2. Sample Graphic for Minimum Distance from Infrastructure

Source: Coder 1998

Tree health and vigor is strongly associated with the amount of available soil rooting volume (Urban 1992). Design standards should also include providing adequate rooting volume for the ultimate size of the woody plant, especially in commercial areas and in parking lots. An example of a design standard for determining rooting volume is in Figure 3. Such a standard is appropriate for trees in a commercial retail area downtown, in Low Impact Development areas alongside roadways and parking lot standards. Such standards are much more attainable in new construction when incorporated into the design and planning process, and in communities that value their tree canopy. Sample code language for such a scenario is *tree species mature canopy size shall be accommodated by an appropriate volume of soil. The developer shall provide the appropriate volume of soil based on tree species and the figure below:*

Soil Volume Needed to Grow Big

Tree Size

Concey Tork
Downster Cornelse

At 257

47 207

34 157

27 107

20 57

30 400 650 600 1000

Soil Volume (It*)

Figure 3. Sample Soil Volume Graphic for Published Minimum Design Standards

Source: Urban 1992

Tree roots in commercial and residential zones can be constricted by poor underground utility easement placement. Poor placement may result in root or trunk damage during maintenance, endangering the health of the plant. In OCDs a dedicated utility core easement should be required and sited to avoid conflicts with tree roots and minimizing disruptions to public traffic flow in roadways. Examples of appropriate easement placement are under dedicated bicycle lanes in the street traveled way or underneath hardscape adjacent to structures. Utility easements under hardscape should have panelized concrete or dedicated sections for ease of access. Figure 4 provides an example of utility core placement adjacent to a commercial area under hardscape. Such placement should be easily justified in Category I, II and III jurisdictions.



Figure 4. Sample Utility Core Placement Diagram for Commercial Areas

Source: Tree Trust and Bonestroo 2007.

Tree canopy may be severely restricted in OCDs by setbacks. An example of a setback is the minimum distance of a structure to a property line. Commercial development may allow a setback of zero feet to the property line, limiting canopy spread of large trees. Canopy spread limitation can be overcome by restricting the upper floors of certain buildings as in Figure 4, typically for new or infill construction only. The upper floors are limited in their forward extent by imposing an angled line projecting up from a point in the front of a building, across which the building cannot project. This is typically called an 'encroachment plane'. Which buildings are desired to have the upper floors restricted is determined by the planning process. This restriction likely will not be acceptable to some Category III and IV jurisdictions. Example code wording for such restriction: *The second and higher floors of buildings in the Commercial District shall not extend beyond an encroachment plane defined as: A 30-degree angle measured from the vertical, at a point beginning six feet above the existing grade along the front property line.*

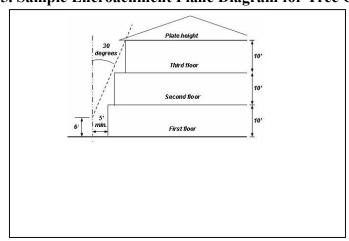


Figure 5. Sample Encroachment Plane Diagram for Tree Canopy Coverage

Source: Dan Staley

Design Standards: Parking Lots

Parking lots afford an excellent opportunity to achieve heat island reduction and canopy cover goals. A commitment must be made to allow for fewer parking stalls, as parking surface area must be reduced and dedicated to tree roots. Category I and II jurisdictions may be able to easily make these commitments, as there is growing indication that many areas in the United States may be providing too much parking for various reasons (Mukhija and Shoup 2006).

Perhaps the easiest way to allow developers and cities to provide adequate rooting volume for trees is to allow them easy calculations to determine the requirements for the minimum size of planting areas in parking lot interiors to be of approximately equal width to parking stalls. One parking stall of 8.5×18 ft. dimension $(2.5 \times 5.4 \text{ m})$ provides approximately $460 \text{ ft}^3 (138 \text{ m}^3)$ of volume, adequate for a canopy diameter of approximately 25 ft (7.5 m).

Code language that should be easily adopted in Category I and II jurisdictions include: Required parking lot interior islands (Figure 6). Interior islands and peninsulas shall be a minimum of 8 (eight) feet in width and 18 (eighteen) feet in length. Islands and peninsulas shall be excavated post-paving and prior to planting in accordance with the provisions in [appropriate Public Works Regulations] to provide a minimum of 750 ft³ (cubic feet) per large-statured tree

and $500 ext{ ft}^3$ (cubic feet) per medium-statured tree. There shall be no more than 8 parking stalls between islands and/or peninsulas (Figure 6). Tree:stall ratio. There shall be a minimum of one tree for every 8 parking stalls. No more than 25 (twenty-five) percent of total trees shall be on the landscaped perimeter. Category III jurisdictions may wish to have a tree:stall ratio of 1:10 or 1:12.

MAXIMUM 8 SPACES

MEDIAN: 1 SHRUB PER 5 LINEAR FEET
ISLAND: 1 TREE AND 3 SHRUBS

Figure 6. Sample Parking Lot Design Standard Requirement

Source: Dan Staley adopted from Wolf 2004

The spatial arrangement and geometry of surface parking can be differently configured in Category I and perhaps Category II jurisdictions as well, to make driving aisles narrower. This reduces impervious area needed for canopy coverage and allows developers to more easily meet off-street parking requirements. Sample configurations are detailed in Table 1.

Table 1. Sample Changes in Surface Parking Lot Geometry

Parking Angle

	Tarking Migic		
	0°	45°	90°
1-Way Aisle Width	13 feet	13 feet	16 feet
2-Way Aisle Width	19 feet	21 feet	24 feet
Maximum Stall Width	8.5 feet	8.5 feet	8.5 feet
Maximum Stall Length	20 feet	19 feet	17 feet

Source: adapted from Wolf 2004, English units only given

Conclusion

Returning to creating supportive built environment patterns challenges good horticultural practices to ensure the delivery of ecosystem services provided by green infrastructure in urban environments. This paper has presented basic design elements, specific code language and best practices from the urban planning, transportation planning, urban forestry and landscape architecture disciplines to frame a coherent set of strategies to ensure attainment of recommended canopy cover levels in ordered compact developments.

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